

Easy Online  
Ordering !

# Canteen Menu



Esperance Senior High School

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<p><b>BREAKFAST (8:00-9.00am)</b></p> <p>A - Bacon Wrap \$3.00 A - Bacon &amp; Egg Wrap \$3.50 G - Muesli/fruit/yoghurt \$3.00 G - Baked bean/spag Jaffa \$3.00 A - Anzac Biscuit \$1.00 A - Cheese fold \$3.00</p> <p><b>HOT FOOD</b></p> <p>A - Toasted Ham &amp; Cheese \$3.50 Optional: Onion/Tomato \$3.50 A - Chicken, Cheese &amp; Mayo Fold \$3.50 A - Cheese Fold \$3.00 A - Chilli Strips x2 \$3.50 R - Apple Pie \$3.00 G - Cheesie \$1.00</p> <p><b>SNACK FOODS</b></p> <p>G - Fresh Fruit - Piece 50c R - Jelly \$1.00 A - Popcorn \$1.00 G - Fresh Fruit Box \$4.00 G - Yoghurt \$2.00 A - Yogo \$2.00 A - Cookies &amp; Anzacs \$1.00 A - Cake (<b>Recess only</b>) \$1.00 GF - Snacks available - various prices</p>	<p><b>SALAD BOXES</b></p> <p>GF - Cooked Chicken &amp; Salad small \$5.00 G Large \$6.00 GF - Greek Salad G Spinach, Tomato, Small \$5.00 Red Onion, Feta, capsicum Large \$6.00 GF - Ham &amp; Salad G Small \$5.00</p> <p><b>TURKISH BREAD - Toasted</b></p> <p>A - Bacon, Lettuce, Tomato \$5.00 with BBQ sauce G - Chicken, Avo &amp; Cheese \$5.00 G - Cranberry Chicken, Cheese \$5.00 With baby spinach</p> <p><b>WRAPS/SANDWICHES/ROLLS</b></p> <p>G - Ham &amp; Salad Roll/Wrap \$5.00 G - Chicken &amp; Salad Roll/Wrap \$5.00 G - Cheese &amp; Salad Roll/Wrap \$5.00 A - Chilli Chicken Wrap \$5.00 G - Sandwiches \$4.50</p> <p>If <b>pre-ordered</b> also choice of: Baby-spinach Capsicum Red onion Avocado Beetroot</p>	<p><b>DRINKS</b></p> <p>G - Water 600 ml \$2.00 G - Plain Milk 300 ml \$1.50 G - Flavoured Milk Mocha, Chocolate 600 ml \$4.50 Spearmint, Strawberry 300 ml \$3.00 R - Oak Iced Coffee 600 ml \$4.50 R - Harvey Fresh Juice 450 ml \$4.50 R - Orange C 600 ml \$4.50 300 ml \$3.00 G - Pop Tops Fruit Juice \$2.00 A - LOL (<b>Lunch Only</b>) \$2.50</p> <p><b>ICE BLOCKS</b></p> <p>A - Low Fat Frozen Yoghurt \$2.50 Strawberry - Mango - Raspberry A - Berri Quelch Stick 70c A - Callippo \$2.00 A - Icy Twist \$1.50 A - Rainbow Paddle Pop \$1.50</p>
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## DAILY SPECIALS

<p><b>MONDAY</b></p> <p>A - Beef Pie \$4.00 A - Potato Pie \$4.00 R - Apple Pie \$3.00 A - Pizza Rounda \$3.00 A - Sausage Roll \$3.50 Beef or Cheese &amp; Bacon or Spinach &amp; Ricotta</p>	<p><b>TUESDAY</b></p> <p>A - Pizza Slice \$2.00 G - BBQ Chicken Wrap \$5.00 A - Chicken Burger \$5.00 A - Hawaiian Brger \$5.00 Chicken, cheese &amp; Pineapple A - Beef Burger \$5.00 cheese, beetroot</p>	<p><b>WEDNESDAY</b></p> <p>A - Hawaiian Wrap \$4.00 Ham, cheese, pineapple In wrap, toasted A - Hot Dog \$4.00 A - Hot dog \$4.00 Cheese \$4.00 Cheese &amp; Bacon \$5.00 A - Pizza Subs \$2.00</p>	<p><b>THURSDAY</b></p> <p>A - Pizza Slice \$2.00 R - Apple Pie \$3.00 GF - Beef nachos \$5.00 A Cheese &amp; sour cream GF - Fried Rice \$5.00 G Bacon, capsicum, peas &amp; corn</p>	<p><b>FRIDAY</b></p> <p>A - Wedges \$5.00 sw chilli &amp; sour cream or tomato sauce A - Beef Pie \$4.00 A - Potato Pie \$4.00 A - Sausage Roll \$3.50 Beef or Cheese &amp; Bacon or Spinach &amp; Ricotta A - Pizza Subs \$2.00</p>
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Only pre-ordered specials can be served with a side salad for an extra \$3.00



Our canteen uses Traffic Light STAR choice registered products  
Green Choice (G): very healthy      Amber Choice (A): select carefully  
Red Choice (R): Not Healthy. Due to recent Traffic Light Changes, some items are Red. These will be phased out.