

Easy Online
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Canteen Menu



Esperance Senior High School- Term 4
From 29th October 2018

Canteen Manager: Helen Clayton
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PHONE: 9071 9516
Online Ordering: www.quickcliq.com.au

<p>BREAKFAST (8:00-9.00am)</p> <p>A - Bacon Wrap \$3.00 A - Bacon & Egg Wrap \$3.50 A - Anzac Biscuit \$1.00 A - Cheese fold \$3.00 A - Chicken, Cheese & Mayo fold \$3.50</p> <p>HOT FOOD</p> <p>A - Toasted Ham & Cheese \$4.00 A - Chilli Strips x2 \$4.00 A - Chicken, Cheese & Mayo Fold \$3.50 A - Cheese Fold \$3.00 G - Cheesie \$1.00 A - Pizza slice \$2.00</p> <p>SNACK FOODS</p> <p>G - Fresh Fruit - Piece 50c A - Popcorn \$1.00 G - Fresh Fruit Box Small \$2.00 G - Fresh Fruit Box Large \$4.00 G - Yoghurt \$2.00 A - Yogo \$2.50 A - Cookies & Anzacs \$1.00 A - Cake (Recess only) \$1.00 Gluten Free Snacks various prices</p>	<p>SALAD BOXES</p> <p>G - Cooked Chicken & Salad GF \$5.00 G - Ham & Salad GF \$5.00</p> <p>TURKISH BREAD - Toasted</p> <p>A - Bacon, Lettuce, Tomato \$6.00 <i>with BBQ sauce</i> G - Chicken, Cheese & Mayo \$6.00</p> <p>WRAPS</p> <p>G - Cranberry Chicken, Cheese \$5.00 <i>With baby spinach</i> G - Chilli Chicken \$5.00</p> <p>SANDWICHES \$4.50 ROLLS \$5.50</p> <p>G - Ham & Salad G - Chicken & Salad G - Cheese & Salad</p> <p>If pre-ordered extra filling for wraps, sandwiches and rolls</p> <p>Beetroot 50c Baby-spinach 50c Capsicum 50c Red onion 50c Tomato 50c</p>	<p>DRINKS</p> <p>G - Water 600 ml \$2.00 G - Plain Milk 300 ml \$1.50 G - Flavoured Milk <i>Mocha, Chocolate</i> 600 ml \$4.50 <i>Spearmint, Strawberry</i> 300 ml \$3.00 G - Harvey Fresh Fruit Juice 250 ml \$2.00 G - Harvey Fresh Fruit Juice 450ml \$4.00 G - Sparkling Fruit Juice 250 ml \$2.50 <i>grape, raspberry, apple/blackcurrant</i> A - Oak Ice coffee 600ml \$4.50 <i>With skim milk, senior side only</i></p> <p>ICE BLOCKS</p> <p>A - Low Fat Frozen Yoghurt \$2.50 <i>Strawberry, mango, raspberry</i> A - Berri Quelch Stick \$1.00 A - Calippo \$2.00 A - Icy Twist \$1.50 A - Rainbow Paddle Pop \$2.00</p>
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DAILY SPECIALS

<p>MONDAY</p> <p>A - Beef Pie \$4.00 A - Potato Pie \$4.00 A - Pizza Rounda \$3.00 A - Sausage Roll \$3.50 <i>Beef or Spinach & Ricotta</i></p>	<p>TUESDAY</p> <p>A - Chicken Burger \$6.00 A - Beef Burger \$6.00 <i>Cheese, beetroot</i></p>	<p>WEDNESDAY</p> <p>A - Hawaiian Wrap \$4.50 <i>Ham, cheese, pineapple In wrap, toasted</i> A - Hot Dog <i>Plain</i> \$4.00 <i>Cheese & Bacon</i> \$5.00</p>	<p>THURSDAY</p> <p>A - Beef nachos \$5.00 <i>GF Cheese & sour cream</i> A - Wedges \$5.00 <i>sw chilli & sour cream Or tomato sauce</i></p>	<p>FRIDAY</p> <p>A - Beef Pie \$4.00 A - Potato Pie \$4.00 A - Sausage Roll \$3.50 <i>Beef or Spinach & Ricotta</i></p>
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Pre-ordering can be done online or in the morning at the canteen in person



GF = Gluten Free

Our canteen uses Traffic Light STAR choice registered products
Green Choice (G): very healthy Amber Choice (A): select carefully

Menu and prices are subject to change